STRENGTHS WORKSHOP



PLAYING TO YOUR STRENGTHS IS LESS EFFORT AND MORE BANG FOR YOUR BUCK

Leveraging your strengths helps you feel happier and be more engaged. It helps you grow, develop and have the impact you look for. Playing to your strengths takes you from aspirations to making it happen, achieving the goals you've set yourself, closing the gap to become what you want to be.

This 2-hour Strengths Workshop is for teams who want to understand and get to know their strengths, to be able to perform with impact and feel energised. More effectively, they find ways to leverage what they're great at in a really practical way.

IN THIS WORKSHOP YOU WILL:

- Identify your strengths using a world leading strength profiling tool designed to unlock performance, energy and potential;
- Understand how to improve teamwork by leveraging team strengths and being aware of team blind spots or weaknesses;
- Learn how to improve individual and team performance by designing strategies to get the most from your strengths.

Virtual or Face-to-face delivery

No minimum or maximum number of participants

Participants are required to complete the Strength Profile survey and 1:1 coaching debrief

