

CONFIDENCE KEYNOTE

THE POWER OF REAL CONFIDENCE

How much closer would we get to achieving our full potential if we had the confidence to give anything a go!

Confidence is not a personality trait or a fixed attribute; it's the outcome of the thoughts we think and the actions we take. And the best thing about confidence is that it's learnable!

With consistent effort, and the courage to take a risk, we can gradually expand our confidence and, with it, our capacity to build more of it.



In this session on The Power of Real Confidence Michelle will:

1. Talk about what confidence really is and how it can take us to a whole other level in terms of our performance.
2. Share how to develop real confidence and explore the four key aspects of this.

» **SHOW UP**

» **STAND UP**

» **SPEAK UP**

» **STEP UP**

Be prepared to walk away with a desire to take action, be energised about the possibilities to build or expand your confidence and have a willingness to embrace what is uniquely you.

'For those who value real connection, engagement and a desire to walk away energised to exercise leadership in a more meaningful way.'

'Michelle's own leadership and executive experience allows her to weave real stories into her speaking and ensure she is relatable, credible and inspiring to a broad range of audiences.'

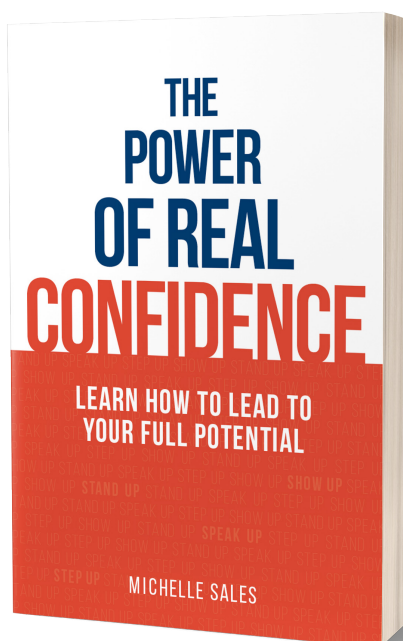
'Michelle was engaged by our company to present at our Annual Training and Team Building Day themed around Empowerment and Leadership. Her presentation was both inspirational and practical on how to improve our impact by working as a team We all came away with a newfound confidence on how our individual leadership styles can have impact in our workplace.'

About Michelle

Michelle has the ability to facilitate outcomes well beyond what leaders and executive teams ever imagined was possible.

With a passion for leadership, Michelle brings authenticity and warmth as much as a hard-hitting capacity to hold people to account.

She has helped thousands of leaders and their teams learn to show up as the best version of themselves, to build confidence and maximise their leadership performance and impact.



Get in touch



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